Assessment of the Need for Optometric Education in Puerto Rico
Association of Schools and Colleges of Optometry

The Association of Schools and Colleges of Optometry (ASCO) represents the professional programs of optometric education in the United States and Canada. ASCO is a non-profit, tax-exempt professional educational association with national headquarters in Washington, D.C.

Officers and Members

President
Dr. Richard L. Hopping, Pres.
Southern California College of Optometry
Fullerton, California

President-Elect
Dr. Edward R. Johnston, Pres.
State University of New York
State College of Optometry
New York, New York

Vice-President
Dr. Jack W. Bennett, Dean
Ferris State College
College of Optometry
Big Rapids, Michigan

Secretary-Treasurer
Dr. F. Dow Smith, Pres.
The New England College of Optometry
Boston, Massachusetts

Immediate Past President
Dr. Willard Bleything, Dean
Pacific University
College of Optometry
Forest Grove, Oregon

Executive Director
Lee W. Smith, M.P.H.

Dr. Henry B. Peters, Dean
University of Alabama
School of Optometry
Birmingham, Alabama

Dr. Jay M. Enoch, Dean
University of California
School of Optometry
Berkeley, California

Dr. William R. Baldwin, Dean
University of Houston
College of Optometry
Houston, Texas

Sustaining Members
AO Scientific Instruments Division, Warner Lambert Technologies, Inc.
Barnes Hind/Revlon Vision Care International
Bausch & Lomb, Soflens Professional Products Division

Dr. Boyd B. Banwell, Pres.
Illinois College of Optometry
Chicago, Illinois

Dr. Gordon G. Heath, Dean
Indiana University
School of Optometry
Bloomington, Indiana

Dr. Arthur J. Afanador, Dean
Inter American University
of Puerto Rico
School of Optometry
San Juan, Puerto Rico

Dr. Jerry Christensen, Dean
University of Missouri-St. Louis
School of Optometry
St. Louis, Missouri

Dr. Claude Beaulne, Dir.
University of Montreal
School of Optometry
Montreal, Quebec, Canada

Dr. Chester H. Pfeiffer, Dean
Northeastern State University
College of Optometry
Tahlequah, Oklahoma

Dr. Frederick W. Hebbard, Dean
The Ohio State University
College of Optometry
Columbus, Ohio

Dr. Melvin D. Wolfberg, Pres.
Pennsylvania College of Optometry
Philadelphia, Pennsylvania

Dr. Spurgeon B. Eure, Pres.
Southern College of Optometry
Memphis, Tennessee

Dr. Walwyn S. Long, Dir.
University of Waterloo
School of Optometry
Waterloo, Ontario, Canada

Journal of Optometric Education

Harriet E. Long
Managing Editor

Editorial Council

John F. Amos, O.D., M.S.,
Chairman
University of Alabama
in Birmingham
School of Optometry

Penelope Kegel-Flom, Ph.D.
University of Houston
School of Optometry

Thomas L. Lewis, O.D., Ph.D.
Pennsylvania College of Optometry

Editorial Review Board

Arol R. Augsburger, O.D., M.S.
Felix M. Barker, II, O.D., M.S.
Morris Berman, O.D., M.S.
Tom Brungardt, O.D., M.S.
Freddy W. Chang, O.D., Ph.D.
David W. Davidson, O.D., Ph.D.
Richard H. Dohrn, M.S., O.D.
Ben V. Graham, Ph.D.
Eric R. Greene, O.D., M.A.
Wayne W. Hoefl, O.D.
Nira R. Levine, Ed.D.
William F. Long, O.D., Ph.D.
Paul L. Pease, O.D., Ph.D.
Donald C. Reynolds, M.Opt., M.P.H.
Jack E. Richman, O.D.
Robert P. Rutstein, O.D., M.S.
J. James Saladin, O.D., Ph.D.
Paulette P. Schmidt, O.D., M.S.
Clifford Scott, O.D.
Leo Semes, O.D.
Richard D. Septon, O.D., M.S.
James W. Walters, O.D., Ph.D.
T. David Williams, O.D., Ph.D.
G. Woo, O.D., Ph.D.
Assessment of the Need for Optometric Education in Puerto Rico
Edwin C. Marshall, O.D., M.S., M.P.H.

Establishment of a new school of optometry at Inter American University of Puerto Rico will serve an unmet need for optometric services on the Island of Puerto Rico, but also needs to address a potential saturation of optometrists by the year 2000 (a three-part article).

Part I: Demographic, Socioeconomic and Health Characteristics
A look at the various characteristics of the Puerto Rican population which impact upon the need for vision care services is presented.

Part II: Vision Care Needs and Manpower
Results of an analysis of the present status of vision care manpower in Puerto Rico are examined.

Part III: Projected Impact of the IAU School of Optometry
How the new school will impact upon the adequacy of vision care manpower in Puerto Rico to the year 2000 is projected.

DEPARTMENTS

Announcements 4

Editorial: "A Debt Overdue" 5

Newsampler 6

NEI Report 29

"Keeping Up with People" 31

Cover: Participating in the dedication ceremony (upper left photo) of the Inter American University of Puerto Rico, School of Optometry in January, 1981, are (l-r) Dr. Jorge Gorbea, former president of the Puerto Rican Optometric Association, Dr. Henry W. Hofstetter, former acting dean of the school, and Lee W. Smith, M.P.H., executive director of the Association of Schools and Colleges of Optometry. The other photos depict recent scenes photographed at the school. Our thanks is extended to Dr. Arthur J. Afanador, dean, and Jesus R. Paris, administrative assistant, of the IAU School of Optometry for their assistance in providing the photographs for this issue.

Typesetting: Bobbie Peters Graphics
ASCO Residency/Graduate Programs Directory Published

The second edition of the ASCO Residency/Graduate Programs Directory describing all optometric residency and graduate programs has been published by the Association of Schools and Colleges of Optometry. The project was completed under the direction of Dr. Douglas Poorman, chairman of the Council on Academic Affairs. The directory describes the objectives of each program, the eligibility requirements, funding, deadlines for application and contact persons.

The directory has been distributed to deans, graduate program directors and libraries of each of the schools and colleges of optometry. The loose-leaf format of this second edition will allow for annual update. Additional copies of the ASCO Residency/Graduate Program Directory may be purchased from ASCO at $10/set including postage.

Journal of Optometric Education Call for Papers

The Journal of Optometric Education (JOE) cordially invites all educators, administrators, students, practitioners and others with a demonstrable interest in optometric education to submit manuscripts for publication in the 1983-84 and 1984-85 academic years.

The Journal is a national, quarterly publication of the Association of Schools and Colleges of Optometry. Its circulation encompasses all U.S. and Canadian optometric educational institutions, as well as foreign institutions, private practitioners, government leaders and others in the health care field. Established in 1975 as a forum for the exchange of information concerning optometric education, the Journal now represents the only publication devoted entirely to the educational aspects of the optometric profession.

All authors wishing to submit manuscripts are directed to request a copy of "Notice to Contributing Authors" and "Instructions to Authors Regarding Publication." Manuscripts will be formally reviewed by experts in the selected subject area, and authors will be notified of reviewer recommendations.

For further information or to submit manuscripts or queries contact:
Harriet E. Long
Managing Editor
Journal of Optometric Education
600 Maryland Ave., S.W.
Suite 410
Washington, D.C. 20024

FACULTY POSITION AVAILABLE
Northeastern Oklahoma State University

Northeastern Oklahoma State University is seeking faculty members for both didactic and clinical instruction with expertise in, but not limited to, the following areas: Ocular Pathology, Primary Care Optometry, Electrodiagnostic Testing, Neuro-Optometry, Binocular Vision, Vision Therapy, and Ocular Motility.

The Doctor of Optometry degree with additional clinical experience is the minimum requirement for the positions. Clinical or didactic teaching experience, postgraduate education, research, the completion of an optometric residency, and/or evidence of scholarly activities are desirable.

The date of appointment is negotiable, and applications will be accepted until the positions are filled.

For additional information, contact Dr. Bill Edmondson at (918) 456-5511, Extension 273.

Letters of application with curriculum vitae, the names of three professional references, and official transcripts should be sent to:
Personnel Office
Northeastern State University
Tahlequah, OK 74464

Northeastern Oklahoma State University is an Equal Opportunity/Affirmative Action Employer.

FACULTY POSITIONS
The New England College of Optometry

Applications are now being accepted for full-time faculty positions beginning in the fall of 1984. Applicants should hold the O.D. degree; advanced degrees (e.g. M.P.H., Ph.D.) and experience are desirable for some positions. Rank and salary will be awarded commensurate with qualifications and experience.

Specific curriculum areas for which faculty are being sought include:

**Binocular Vision**—didactic and clinical course work with emphasis in strabismus and amblyopia.

**Optometry**—responsible for coordinating, teaching and developing introductory and advanced didactic course work in Optometric Theory and Methods.

**Clinical Optometry**—instruction and supervision in general and advanced clinical settings.

Interested persons should send curriculum vitae by January 31 to:
Dr. James Comerford
Faculty Search Committee
The New England College of Optometry
424 Beacon Street
Boston, MA 02115
EDITORIAL

A Debt Overdue

Over the past several years, we have had a number of outstanding articles appear in these pages. While this undoubtedly is attributable in large part to hard work and dedication on the part of the authors, the following group of referees played no small part in contributing to the overall quality, accuracy and appropriateness of papers appearing in JOE.

For this, a debt is long overdue. Consequently, the Journal editors would like to take this opportunity to personally recognize and thank these referees for their contributions in assuring that manuscripts meet high standards of publication, providing leadership and guidance in the editorial direction of JOE, and encouraging the submission of ongoing material for publication. Their efforts certainly have helped make this publication a quality educational journal for the profession.

John F. Amos, Chairman, Editorial Council
Harriet E. Long, Managing Editor

EDITORIAL COUNCIL

John F. Amos, O.D., M.S., Chairman; Professor of Optometry and Director, Residency Programs, University of Alabama in Birmingham, School of Optometry
Henry W. Hofsieiter, O.D., Ph.D., Eminent Professor of Optometry, Indiana University, School of Optometry
Penelope Kettel-Hille, Ph.D., Associate Professor of Psychology and Optometry, University of Houston, School of Optometry
Thomas L. Lewis, O.D., Ph.D., Associate Professor of Anatomy and Dean of Academic Affairs, Pennsylvania College of Optometry
Robert Rosenberg, O.D., M.S., Professor of Vision Science, State University of New York, State College of Optometry

EDITORIAL REVIEW BOARD

University of Alabama in Birmingham, School of Optometry
Robert F. Rutstein, O.D., M.S.
Leo Sellees, O.D.

Ferris State College, College of Optometry
Jack E. Richard, O.D.
J. James Saladin, O.D., Ph.D.

University of Houston, College of Optometry
Penelope Reigel-Flom, Ph.D.
James W. Walters, O.D., Ph.D.

Illinois College of Optometry
Marta Berman, O.D., M.S.

Indiana University, School of Optometry
Freddie W. Chang, O.D., Ph.D.
Henry W. Hofsieiter, O.D., Ph.D.

University of Missouri-St. Louis, School of Optometry
David W. Davidson, O.D., M.S.
William F. Long, O.D., Ph.D.

University of Montreal, School of Optometry
Ben V. Graham, Ph.D.
William Larsen, O.D., M.Eng.

The New England College of Optometry
Paul E. Pears, O.D., Ph.D.
Clifford Scott, O.D.

The Ohio State University, College of Optometry
Arnold A. Augsburger, O.D., M.S.
Paula P. Schmidt, O.D., M.S.

Pacific University, College of Optometry
Nantle Levine, Ed.D.
Richard D. Sepkin, O.D., M.S.

Pennsylvania College of Optometry
Faye M. Barkley, II, O.D., M.S.
Thomas L. Lewis, O.D., Ph.D.

Southern California College of Optometry
Tom Brungardt, O.D., M.S.
Wayne W. Trokill, O.D.

Southern College of Optometry
Richard H. Davis, M.S., O.D.
Donald C. Reynolds, M.Opt., M.P.H.

State University of New York, College of Optometry
Eric R. Grebe, O.D., M.A.
Robert Rosenberg, O.D., M.S.

University of Waterloo, School of Optometry
T. David Williams, O.D., M.S., Ph.D.
O. West, O.D., Ph.D.
modified its admission requirements for the Optometric Technician Program.

Recognizing the increasing separation between purely clerical duties and para-professional skills, the Board of Trustees of SCCO has authorized eliminating the requirements for courses, or work experience in bookkeeping and in business office procedures. These changes apply to either the Associate-in-Arts candidates or those students working towards the Certificate of Completion.

"It is anticipated that this change will result in bringing into the field of optometric technicianry an individual with greater commitment to the increasing technical complexities involved in the practice of optometry," said SCCO's Director of the Optometric Technician Program Charles B. Margach, O.D.

ASCO Receives Migrant Worker Contract

The Association of Schools and Colleges of Optometry (ASCO) has been awarded a contract to coordinate demonstration projects in the provision of optometric vision care to migrant workers and their families. Funding will be provided under a grant awarded October 1, 1983, from the Migrant Health Program, Department of Health and Human Services, to the East Coast Migrant Health Services Project, Washington, D.C.

The contract calls for demonstration programs in optometric vision care and will include early detection/screening, primary, secondary and tertiary care at two separate migrant health centers. Both programs will be carried out under the sponsorship of two ASCO member institutions for one year and are expected to provide services to over 1,000 persons who until now have had little or no access to vision care.

The first program is at the Virginia Garcia Memorial Clinic, Cornelius, Oregon, sponsored by Pacific University, College of Optometry, and directed by Dr. Allan Herndobler, director, Clinic Administration. The other project is based at the El Progreso Del Desierto, Coachella, California, migrant center sponsored by Southern California College of Optometry under the direction of Dr. Barry Barresi, director, Outreach Clinical Programs.

In discussion with migrant health officials, there is expectation that additional sites may be funded for vision care needs in the current fiscal year.

SCCO Modifies Technician Requirements

The Southern California College of Optometry (SCCO), Fullerton, has

PCO to Establish Certificate Program in Education of the Visually Handicapped

The Pennsylvania College of Optometry (PCO) has received a three-year federal grant to establish a Program in Education of the Visually Handicapped as a special tract of the Master of Science degree program. The purpose of the grant is to increase the supply and improve the quality of teachers for the visually handicapped in the Delaware Valley and surrounding states.

The funding, which began June 1, 1983, and will continue until the end of May, 1986, comes from the Office of Special Education (OSE), U.S. Department of Education. The program is being developed in response to the shortage of teachers for the visually handicapped in the region.

Major objectives for the three years include planning of the program; establishment of new courses in the PCO curriculum; recruitment of students locally, regionally and nationally; establishment of sites for observation and student teaching; and, development of a financial base for continuation of the program.

Dr. Susan M. Kershman, Room 200, Fitch Hall, Pennsylvania College of Optometry, 1200 West Godfrey Ave., Philadelphia, PA 19141, (215) 424-5900, ext. 247, is program coordinator.

PCO Home Eye Care Receives Funding

The Pennsylvania College of Optometry (PCO) Home Eye Care Program, which serves primarily elderly, non-ambulatory patients, received a $56,400 renewal of its United Way funding. The Home Eye Care Program also was awarded $5,000 from the William Penn Foundation’s Basic Human Needs Fund. The grants will support transportation to home-bound patients, upkeep of vehicles, and subsidization of low income patient care.

The Home Eye Care Program is one
Women in Optometry
Conference to be Held

“The National Conference for Women in Optometry—Not for Women Only” is a premier effort to bring optometrists together to discuss the special attributes and qualities women bring to the profession of optometry. This first-time national conference, being sponsored by the Southern California College of Optometry (SCCO), will be held at the Westin South Coast Plaza Hotel in Costa Mesa, CA, on May 3, 4 and 5, 1984.

Nationally prominent persons in various fields will address the group on topics which include: women in optometry; professional opportunity; private practice; legal aspects; building a practice; financial aspects; record keeping; personal enhancement; stress management; and networking.

A scholarship fund is available which will allow a limited number of third and fourth-year optometry students to attend the conference for a tuition of $30.

For further information, contact SCCO’s Director of Continuing Education Richard B. Elliott, Ph.D., at SCCO, 2001 Associated Road, Fullerton, CA 92631, (714) 870-7226.

For the past nine years, Bausch and Lomb and Bausch and Lomb International have provided grants to the AOCLE, enabling two educators from each of the schools to attend the annual business meeting and National Research Symposium.

The AOCLE is a representative group of educators who work together to assure excellence in optometric education. Dr. James Paramore, Ferris State College of Optometry, is currently chairman of the organization.

AOA Auxiliary Increases Educational Grants

The Auxiliary to the American Optometric Association is offering two $4,000 educational grants to be awarded during the 1984 AOA Congress in Hawaii. The grants will provide fellowship support for postgraduate study and funding for a research project in the field of vision and related areas.

Suzanne Heaston, education-research trustee, has announced that the awards have been increased to $4,000 each from the $3,000 grants and fellowships awarded during each of the past nine years. Over $96,000 has been awarded since 1962.

Deadline for receiving applications is February 15, 1984. For further information, contact the Auxiliary to the AOA, 243 N. Lindbergh Blvd., St. Louis, MO 63141.

ASCVO Completes Survey of Recent Graduates

Under a contract awarded by the Bureau of Health Professions, Department of Health and Human Services (DHHS), the Association of Schools and Colleges of Optometry (ASCVO) has completed a two-year survey of recent optometry graduates for the years 1979, 1980 and 1981.

Results of the survey and an accompanying analysis of the data collected have been issued in a two-volume “Final Report” and “Appendix” submitted to the DHHS in October, 1983. Of the 3,132 graduates surveyed for these years, 2,275 or 72.3 percent responded, indicating a representative report of the entire survey group.

The major data reported in the survey include general biographic and demographic information of recent graduates, the respondents’ experiences with the licensure process including National Board examinations and state licensing requirements, aspects of current professional practice circumstances, pre and post graduate preparation for entering practice, and problems encountered in establishing a practice. Questions relating to respondents’ relationships with other health practitioners also are reported.

The project, which began in September, 1981, and concluded in September, 1983, was directed by Lee W. Smith, ASCVO executive director, and managed by Dr. Robert L. Bleimann.

Complete sets of the two-volume final report may be purchased at $30 per set postpaid from the Association of Schools and Colleges of Optometry, 600 Maryland Avenue, S.W., Suite 410, Washington, D.C. 20024.
Assessment of the Need for Optometric Education in Puerto Rico

Edwin C. Marshall, O.D., M.S., M.P.H.
Demographic, Socioeconomic and Health Characteristics

The establishment of a new school of optometry in the Commonwealth of Puerto Rico has necessitated the development of a plan for the didactic and clinical education of its students and for the rendering of patient care services to the island population. Based upon an assessment of the need for optometric services at the present and in the future, a model for the development and implementation of a clinical program must be constructed, considering both the needs of the institution and of society.

Introduction and Background

A study of the availability of optometric manpower and the demand for vision care services was conducted for the Island of Puerto Rico and reported in a 1979 document, titled “Inter American University of Puerto Rico: Plans to Establish a School of Optometry.”¹ The results of the study identified a tremendous unmet need for services, resulting primarily from a critical shortage of optometrists on the island. To respond to this need and to initiate a strategy for alleviating the shortage of practitioners, the study recommended the establishment of a school of optometry in Puerto Rico.

As a result of the coordinated effort among the Colegio de Optometras de Puerto Rico, the American Optometric Association, the Association of Schools and Colleges of Optometry, and Inter American University of Puerto Rico, leading to the recommendation for and the subsequent establishment of the first school of optometry on the Island of Puerto Rico at Inter American University in San Juan, the Inter American University (IAU) School of Optometry matriculated its first class of twenty-seven students during the 1980-81 academic year to become Puerto Rico’s first and only professional degree program for the education and training of optometrists.

The previous study indicated that there is a severe shortage of optometric manpower on the island and that a sizeable portion of the population and its vision care needs are either underserved or unserved.¹ However, the impact of the School of Optometry, including the impact of its clinical delivery system and the continuous production of optometric manpower, must be documented further, particularly in light of plans to establish an extensive vision care delivery system and training program which would provide optometric care to geographical areas within and, especially, outside of the immediate San Juan metropolitan area. Therefore, a study on “The Status of Optometric Manpower and the Development of Clinical Education in Puerto Rico” was undertaken and completed in 1982² in an attempt to provide data for the school administration in its efforts to design a clinical curriculum and implement a vision care delivery system that

---

¹ Edwin C. Marshall, O.D., M.S., M.P.H., is associate professor of optometry and chairman of the Department of Clinical Services at Indiana University, School of Optometry, Bloomington. Dr. Marshall served as a consultant for clinical development of the School of Optometry at Inter American University of Puerto Rico, Hato Rey, in 1982. This paper presents the results of a study he performed in conjunction with his M.P.H. thesis through the University of North Carolina, Chapel Hill, School of Public Health, Department of Health Administration.

² The paper is based on a study performed by Dr. Marshall in conjunction with his M.P.H. thesis through the University of North Carolina, Chapel Hill, School of Public Health, Department of Health Administration.
would be most efficacious to the goals and objectives of the school and the needs of the Puerto Rican population.

Some of the results of the 1982 study will be presented as part of this overall assessment of the need for optometric education in Puerto Rico. Part I will look at the demographic, socioeconomic and health characteristics of the Puerto Rican population; Part II will present the results of the analysis of the present (i.e., 1982) status of vision care manpower in the Commonwealth; and Part III will look at the projected impact of the IAU School of Optometry upon the adequacy of vision care manpower in Puerto Rico up to the year 2000.

**Demographic Characteristics**

The Island of Puerto Rico is the smallest island in the Greater Antilles, measuring 100 miles by 35 miles. Bordered by the Atlantic Ocean on the north and the Caribbean Sea on the south, Puerto Rico is 75 percent mountainous and maintains a tropical climate with an average yearly temperature range between 73°F and 79°F. The total population, based upon a 1970 census of 3.2 million for 30 percent of the total island population. Each of the remaining five regions contains between 11 percent and 17 percent of the total populations (Figures 1-1 and 1-2, Table 1-1).

Even though the birth, mortality and natural increase rates have been declining since 1940, the annual growth rate has been increasing (e.g., 2.5 percent between 1975 and 1978) as a result of inward migration. However, population projections to the year 2000 reflect a gradual decrease in the average annual population growth, down to an average annual rate of 0.7 percent for the years between 1995 and 2000. This decrease is reflective of projected decreases in the birth rate, falling from 24.5 live births per 1,000 population in 1970-1975 down to 15.0 live births per 1,000 population in the year 2000.

Over 50 percent of the population is under twenty-five years of age, such that the median age for the entire population is twenty-three years. The zero to fifteen year age group accounts for 34 percent of the total population; the sixty-five and over age group accounts for 7 percent. Together, these two groups constitute an economically dependent population of 41 percent of the total, resulting in a dependency rate of 0.70. Forty-five percent of the female population, or 23 percent of the total population, is in the child-bearing age range of fifteen to forty-four years. The total population is 49 percent male and 51 percent female, giving a male/female ratio of 0.96.

**Socioeconomic Characteristics**

The unemployment rate, as an indicator of economic dependency, reached a high of 19.7 percent in 1977 and declined slightly to 17.0 percent in 1979. The average family income for 1980 was estimated to be $8,910, varying from a high of $9,389 in the Metropolitan Region to a range of $6,908 to $6,178 for the East, Northeast, South and West regions and to a low of $5,937 for the North Region. The median income in 1980 for the entire island was $7,360, an increase of $1,257 over the 1975 figure of $6,103. With a 4 percent average annual increase in median income, the average cost of living increase between 1975 and 1979 was 4.5 percent, including an average cost of medical care increase of 7.5 percent. Twenty-nine percent of the population is in the child-bearing age group, or $23 percent of the total populations. The unemployment rate, as an indicator of economic dependency, reached a high of 19.7 percent in 1977 and declined slightly to 17.0 percent in 1979. The average family income for 1980 was estimated to be $8,910, varying from a high of $9,389 in the Metropolitan Region to a range of $6,908 to $6,178 for the East, Northeast, South and West regions and to a low of $5,937 for the North Region. The median income in 1980 for the entire island was $7,360, an increase of $1,257 over the 1975 figure of $6,103. With a 4 percent average annual increase in median income, the average cost of living increase between 1975 and 1979 was 4.5 percent, including an average cost of medical care increase of 7.5 percent. Twenty-nine percent of the population is in the child-bearing age group, or 23 percent of the total populations. In 1975, 62 percent of the population fell below the official poverty line of the federal government.

According to the Department of Health, “[e]mployment, income, education, and welfare are prime influences or even determinants in the physical and mental health status of the population. . . . Puerto Rico’s population growth . . . has contributed to an imbalance between population and production resources,” and “[t]he population level has exceeded one that cannot be adequately attended to, thus compounding a series of social and economic problems.”

In a discussion of the health care system in relation to the medically indigent, the Department of Health made the following comments:

The health system in Puerto Rico consists of a public sector providing community health services to all the population and personal health services to the medically indigent, and a private medical practice directed at a paying clientele. The supply of public services cannot meet the demand, and private services are beset by steadily rising costs. The increase in the costs of medical services and of health insurance coverage limits the private providers’ access for a high percentage of the people of Puerto Rico.

---

**FIGURE I-2**

*Population Estimates and Percentage Distribution by Health Region, Puerto Rico, 1978*

TABLE I-1.
Population Profile for the Six Health Regions, Puerto Rico, 1978

<table>
<thead>
<tr>
<th>Health Region/Puerto Rico</th>
<th>Estimated Population</th>
<th>Percent of Total</th>
<th>Population Density Per Square Mile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metropolitan</td>
<td>1,007,040</td>
<td>30.0</td>
<td>2,499</td>
</tr>
<tr>
<td>Northeast</td>
<td>503,520</td>
<td>15.0</td>
<td>1,459</td>
</tr>
<tr>
<td>North</td>
<td>369,248</td>
<td>11.0</td>
<td>571</td>
</tr>
<tr>
<td>South</td>
<td>570,656</td>
<td>17.0</td>
<td>698</td>
</tr>
<tr>
<td>East</td>
<td>436,384</td>
<td>13.0</td>
<td>842</td>
</tr>
<tr>
<td>West</td>
<td>469,952</td>
<td>14.0</td>
<td>681</td>
</tr>
<tr>
<td>Puerto Rico</td>
<td>3,356,800</td>
<td>100.00</td>
<td>981</td>
</tr>
</tbody>
</table>

*Based on estimates of the Puerto Rico Planning Board, Economic Report to the Governor, Puerto Rico, 1978, reported in Table II-3 and Table II-4 of the Puerto Rico Department of Health State Health Plan, 1980-1985.

Thus, the medically indigent are those persons and/or families that the Department of Social Services determines are economically dependent, or 70% of the population in 1978. . . . These figures reflect the level of medical indigency, as there is a direct relation between economic dependency and the level of indigency of the population.*

Health Characteristics

Generally, the health status of the Puerto Rican population is such that the life expectancy at birth has exceeded that of the United States. As of 1976, the life expectancies for Puerto Rico and the United States were 73.5 and 72.8 years, respectively—77.1 and 77.3 years for females and 70.2 and 69.7 years for males. The mortality rate for Puerto Rico has dropped to 6.0 per 1,000 in 1977 from a rate that exceeded 30 per 1,000 in 1900.10 The infant mortality rate in 1977 was 20.1 deaths per 1,000 live births; a rate which is considerably less than the 1900 rate of 200 per 1,000 live births, but which is still 43.5 percent greater than the 1977 rate (i.e., 14.0 per 1,000) of the United States.11 Similarly, maternal mortality has decreased from a rate of 47.2 per 10,000 live births in 1940 to 1.3 per 10,000 in 1977.12

Among the other indicators of health status used by the Department of Health to describe the health of the Puerto Rican population, the “Potential Years of Life Lost (PYLL)” has been used to investigate the impact of premature death upon the years of life lost in a population.* Using the PYLL to rank the leading causes of death in Puerto Rico, 1977 data indicate that accidents (while responsible for only 4.9 percent of all recorded deaths) represented 23.3 percent of the PYLL by the ten leading causes of death.13 Following accidents,
tem, the Department of Health stated the following: "Patients are referred from the local level (municipal) to an intermediate level (area) hospital or to regional hospitals, and from there, if the medical condition so requires, to one of the three modern medical centers located in the Northeast, South and West regions of the Island."14 Between the public and private health care sectors, it is estimated that the public sector is responsible for 60.1 percent of the population and the private sector serves approximately one-third of the population.15

According to the Department of Health, Puerto Rico does have a problem providing and maintaining an adequate distribution of health professionals, especially in the rural areas, the small towns, and in the interior mountain zone of the island:

Puerto Rico has had problems in bringing about an equitable distribution of health manpower. Most health workers are concentrated in the metropolitan areas, and in towns rather than in rural areas. Faced with these geographical disparities, in 1978 the Department of Health proposed legislation requiring all students graduating from the health professions to provide services in the public sector for one year. Because this was made a prerequisite to licensure in over fifteen health-related professions, the enacted measure was in effect a compulsory health 'draft' enabling the Health Department to deploy recent graduates to underserved areas.16 This step was justified on two grounds:

1. the proven inability of market forces to match resources, and
2. the fact that the education of the overwhelming majority of students is publicly subsidized.

Since its introduction, the legislation has achieved its aim of bringing about a better distribution of health manpower . . . every local jurisdic-

visual conditions in Puerto Rico, and utilizing the resources of the Division of Associated Health Professions (Health Resources Administration, U.S. Department of Health and Human Services [DHHS]), the Office of the Cooperative Health Statistics System (Health Services and Facilities Administration of the Puerto Rico Department of Health), and the data obtained from the Puerto Rico Household Interview Survey, the recently published report on Vision Care In Puerto Rico, 1980-81 has attempted to provide some of the needed information on the status of vision care in the Commonwealth of Puerto Rico.17 Based upon the data of the Health Interview Survey, the "sample population reported a total of 330 visual conditions for a rate of 63.6 visual conditions per 1,000 persons per year."18 Of the 330 visual conditions, 115 were classified as visual diseases with a rate of 221.7 per 10,000 population per year; and 215 were classified as visual defects or impairments, with a rate of 414.4 per 10,000 population per year. As with many epidemiological profiles, the incidence and prevalence of visual dis-

orders generally correlate well with the age and socioeconomic status of the population. "Of the number of persons reporting visual conditions, two percent were under six years of age as compared to 63 percent who reported being over 44 years of age . . . Of the total number of persons reporting one or more visual conditions, 62 percent had less than 7 years of schooling with 38 percent reporting 7+ years of school completed."19

The 1980 report of the Office of Technology Assessment has indicated a relationship between the prevalence of "vision impairment" and family income in the United States, demonstrating a prevalence rate of 114.1 per 1,000 persons between the age of forty-five to sixty-four with incomes under $5,000 in comparison to rates of more than one-half this rate for persons with higher incomes.20 The high economic dependency rate of 0.70 for the Puerto Rican population serves as a major indicator of the degree of medical indigency that exists on the island, including the degree of unmet need for vision services.

References
1. Inter American University: Plans to Establish a School of Optometry, 1979 (unpublished).
Vision Care Needs and Manpower

Part II of the "Assessment of the Need for Optometric Education in Puerto Rico" will focus upon the methodologies employed and the conclusions generated in the analysis and assessment of optometric manpower and the distribution of vision care services in the Commonwealth of Puerto Rico, with the following goals and objectives:

1. To evaluate the epidemiological need and effective demand for optometric services in accordance with existing data and previously documented goals for visual health;

2. To evaluate the supply and productivity of the existing vision care manpower through the application of the current U.S. Public Health Service vision care shortage area criteria; and,

3. To evaluate the existence and the extent of any unmet need for optometric services.

Assessment of "Need" in Relation to "Demand" and "Requirements"

The terms associated with manpower analysis—need, demand, and requirements—are used often in discussions of health manpower without a full understanding of their respective meanings and appropriate usage. For the purpose of this study, the following definitions of need, demand, and requirements have been adopted:
Need—an estimation based on professional judgment and current medical technology of the number of workers or amount of services necessary to provide an optimum standard of health care;

Demand—the sum of the amounts of the various types of health services that the population of a given area will seek and has the means to purchase at the prevailing prices within a given time period; and,

Requirements—the amount of services, manpower, etc. required to satisfy a given set of assumptions about how the health sector does, could, or should function.5

The concept of need relates more to an epidemiological assessment of the number and type of health professionals required to attain and/or maintain an optimum level of health care within a given area; whereas, demand tends to be more reflective of economic trends and consumer behavior. The determination of the appropriate requirement levels for health manpower, therefore, must be conditioned upon a judgment based model and the demand based model—the Graduate Medical Education National Advisory Committee adopted an "adjusted need based" approach in determining the physician requirements for 1990 and 2000.4 In its Third Report to the President and Congress on the Status of Health Professions Personnel in the United States, the U.S. Department of Health and Human Services used the "adjusted utilization" approach to estimate the number of health professionals required to satisfy the level of health care utilization that most likely would be demanded by consumers in the future.19 In addition to the adjusted need and the adjusted utilization approaches, economic models which use mathematical formulae to generate the quantities of services that would be demanded and supplied at various prices are being used more and more to project future manpower requirements.

Supply and Productivity

In the United States, it has been determined that the optimum supply of optometric manpower can be estimated from an application of the optimum optometric manpower requirement ratio of one optometrist per every 7,000 people, or 14.3 optometrists per 100,000 population.11,12,13 The range of requirement ratios provided by the U.S. Department of Health, Education, and Welfare (DHEW) in its 1976 publication, Review of Health Manpower Population Requirements Standards, support the use of the one to 7,000 ratio for optometric manpower, as determined by its reporting of the requirements under the professional judgment and the demand/productivity based ratios.7,14 The DHEW estimate under the need based ratio increased the requirement to 24.2 optometrists per 100,000 population, or one optometrist for every 4,132 people. From an analysis of 1975 data, it was reported that the actual ratio of active optometrists per 100,000 population was 9.314 and that this rate has remained relatively constant over a ten-year period.15

The estimation of the optimum supply of optometrists required to meet the populational demand is based upon the projected utilization demand for services by the consumer and the productivity of the optometrist in providing the services. Irrespective of the prevailing economic demand for vision care, the American Optometric Association (AOA) has recommended an annual visit frequency or utilization rate of between 0.50 and 1.00 as the appropriate intervals between optometric examinations for "problem free" patients.16 The AOA recommended rates are reported as age-specific rates (i.e., 0.50 for the 25-44 age group; 0.67 for the 17-24 and the 45-54 age groups; and 1.00 for the 0-4, 5-16, 55-64, and over 65 age groups) which allow them to be applied to any given population with a known age distribution. The recommended intervals between examinations become shorter with the onset of visual problems and/or complaints (e.g., refractive, binocular, performance, organic). The annual productivity of optometric practitioners is dependent upon many factors, including the type and number of services provided and the utilization of ancillary personnel. Using the number of vision examinations that can be performed annually as the index of productivity, several recent studies have reported average annual optometric productivity figures of 1,350 visits, 1,526 visits and 1,690 visits per year.15,16,17 The use of auxiliaries has been reported to increase the productivity of the average optometrist by nearly 20 percent.15 Within a mean of 69.4 total patient visits per week, a mean of 35.1 refractive analyses per week has been reported as another index of optometric productivity.19

Methodology

The methodological approach of this study incorporated the use of certain guidelines that already have been established from previous studies as a proxy for targeted levels of need, demand, supply and productivity. The application of these guidelines, however, should be couched within the caveat that the market imperfections of the health industry, which work to undermine the principles of the classical economic theory of supply and demand, may be different in Puerto Rico from those of the mainland United States, upon which the guidelines are based. Unfortunately, the lack of more definitive data for the Puerto Rican population necessitates the utilization of the mainland U.S. statistics.

The U.S. Public Health Service
(PHS) has reported a series of age-specific utilization rates which it uses to determine the number of optometric visits required per year by a given population in the designation of vision care shortage areas. These rates are much more conservative than those recommended by the AOA, as discussed earlier. They tend to be more reflective of the effective demand for optometric services, relative to an adjusted epidemiological need according to the age distribution within the population. As a proxy for the evaluation of the epidemiological need, demand and requirements for optometric services within the Commonwealth of Puerto Rico, the following PHS utilization (i.e., effective demand) rates were applied to the Puerto Rican population:

<table>
<thead>
<tr>
<th>Age</th>
<th>Annual Utilization Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 20</td>
<td>0.11</td>
</tr>
<tr>
<td>20-29</td>
<td>0.20</td>
</tr>
<tr>
<td>30-39</td>
<td>0.24</td>
</tr>
<tr>
<td>40-49</td>
<td>0.35</td>
</tr>
<tr>
<td>50-64</td>
<td>0.41</td>
</tr>
<tr>
<td>65 and Over</td>
<td>0.48</td>
</tr>
</tbody>
</table>

Even though the utilization rates are based on empirical data, it should not be implied that they are indicative of the optimum situation with respect to the utilization of vision care services. People do not always demand what they need; they may demand less services even though the epidemiological need may be greater. The utilization rates may be more indicative of the prevailing socioeconomic trends within the area and, therefore, may be inaccurate in the assessment and projection of the true need for optometric services. They have been selected, however, for use in this study because of their "low end" projections of consumer demand for vision care services.

The evaluation of the supply and productivity of the existing vision care manpower in Puerto Rico was conducted through the application of similar U.S. Public Health Service vision care shortage area criteria to the available data. According to the PHS criteria, a ratio of one optometrist per 15,000 population (or 6.7 optometrists per 100,000 population) is considered to be adequate in meeting the populational demand for vision care within a given area. Based upon an average optometric visit frequency rate (i.e., utilization rate or effective demand) of 0.20 per year for all ages, the U.S. Public Health Service has determined that the output or productivity of an "average" optometrist would permit him or her to respond to a demand of 3,000 visits per year (i.e., 15,000 x 0.20), assuming that the average annual visit frequency rate is, in fact, 0.20 for any given population.

The evaluation of the existence and the extent of any unmet need (i.e., effective demand) for vision care services within Puerto Rico was based also upon PHS criteria. Puerto Rico will be considered to have a significant optometric visit shortage if the shortage is equal to or greater than 1,500 visits per year (i.e., equal to or greater than the productivity of one-half of one optometrist, based upon an annual productivity of 3,000 visits per optometrist) as determined by the following formula:

\[ U_0 = R_o - E_0 \]

where, \( U_0 \) = the optometric visit shortage, \( R_o \) = the optometric visit requirement, and \( E_0 \) = the optometric visits supplied.

The above formula includes an adjustment factor for the estimated decrease in productivity of optometrists age 65 and over; and, it incorporates a projected productivity of ophthalmologists in providing vision care services. It, therefore, considers the substitutability of services and the combined effect of optometry and ophthalmology in the provision of vision care.

The results and conclusions of this study are based upon data provided by...
### TABLE II-1

Effective Demand for Vision Care Services Relative to Age Distribution and Public Health Service Annual Utilization Rates, Puerto Rico

<table>
<thead>
<tr>
<th>Age</th>
<th>Population</th>
<th>Annual Utilization Rate Per Age</th>
<th>Annual Effective Demand</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 20</td>
<td>1,491,601</td>
<td>0.11</td>
<td>164,076</td>
</tr>
<tr>
<td>20-29</td>
<td>507,375</td>
<td>0.20</td>
<td>101,475</td>
</tr>
<tr>
<td>30-39</td>
<td>398,779</td>
<td>0.24</td>
<td>95,707</td>
</tr>
<tr>
<td>40-49</td>
<td>306,335</td>
<td>0.35</td>
<td>107,217</td>
</tr>
<tr>
<td>50-64</td>
<td>367,298</td>
<td>0.41</td>
<td>150,592</td>
</tr>
<tr>
<td>65 and Over</td>
<td>247,612</td>
<td>0.48</td>
<td>118,854</td>
</tr>
<tr>
<td>Puerto Rico</td>
<td>3,319,000</td>
<td>0.48</td>
<td>737,921</td>
</tr>
</tbody>
</table>

737,921 Optometric Visits Required = 246 Optometrists Required

3,000 Visits Per Optometrist

1Based on the population as of July 1, 1977 (Puerto Rico Planning Board, Compendium of Social Statistics, Puerto Rico, 1978, reported in Table II-5 of the Puerto Rico Department of Health State Health Plan, 1980-1985).


### TABLE II-2

Optometric Manpower by Health Region, Puerto Rico

<table>
<thead>
<tr>
<th>Health Region</th>
<th>Number of Optometrists</th>
<th>Percent of Total</th>
<th>Per 100,000 Population</th>
<th>Population Per Optometrist</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metropolitan</td>
<td>30</td>
<td>61.2</td>
<td>3.0</td>
<td>33,568</td>
</tr>
<tr>
<td>Northeast</td>
<td>5</td>
<td>10.2</td>
<td>1.0</td>
<td>100,704</td>
</tr>
<tr>
<td>North</td>
<td>0</td>
<td>0.0</td>
<td>0.0</td>
<td>--</td>
</tr>
<tr>
<td>South</td>
<td>7</td>
<td>14.4</td>
<td>1.2</td>
<td>81,522</td>
</tr>
<tr>
<td>East</td>
<td>3</td>
<td>6.1</td>
<td>0.7</td>
<td>145,461</td>
</tr>
<tr>
<td>West</td>
<td>4</td>
<td>8.2</td>
<td>0.9</td>
<td>117,488</td>
</tr>
<tr>
<td>Puerto Rico</td>
<td>49</td>
<td>100.0</td>
<td>1.5</td>
<td>68,506</td>
</tr>
</tbody>
</table>

1Based on 1982 estimates (Colegio de Optometras de Puerto Rico).


### TABLE II-3

Present Requirements for Optometric Manpower and Range of Deficit by Health Region, Puerto Rico

<table>
<thead>
<tr>
<th>Health Region</th>
<th>Numerical Requirements per Regional Population</th>
<th>Range of Deficit</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>@6.7/100,000</td>
<td>@9.3/100,000</td>
</tr>
<tr>
<td>Metropolitan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Northeast</td>
<td>33.7</td>
<td>46.8</td>
</tr>
<tr>
<td>North</td>
<td>24.7</td>
<td>34.3</td>
</tr>
<tr>
<td>South</td>
<td>38.2</td>
<td>53.1</td>
</tr>
<tr>
<td>East</td>
<td>29.2</td>
<td>40.6</td>
</tr>
<tr>
<td>West</td>
<td>31.5</td>
<td>43.7</td>
</tr>
<tr>
<td>Puerto Rico</td>
<td>224.8</td>
<td>312.2</td>
</tr>
</tbody>
</table>

1Based on estimated population for 1978 (Puerto Rico Planning Board, Economic Report to the Governor, Puerto Rico, 1978, reported in Table II-3 of the Puerto Rico Department of Health State Health Plan, 1980-1985).
the Office of Planning, Evaluation and Development of the Puerto Rico Department of Health, the Colegio de Optometras de Puerto Rico, and Inter American University. As discussed in Part I, the Puerto Rico Department of Health has divided the island into six health regions, each of which is subdivided into two or three areas to be served by an area hospital; each area contains three to seven municipalities. The assessment of need for vision care services was conducted for the island as a whole and, where appropriate data were available, for each of the six health regions.

Findings and Discussion on the Status of Vision Care Manpower in Puerto Rico

In determining the annual effective demand for vision care services, data on the age distribution of the population by health region were not available; therefore, only an aggregate computation could be performed. Applying the age-specific annual utilization rates of the U.S. Public Health Service to the 1977 data for the Puerto Rican population, the combined effective demand for all age groups was determined to be 737,931 optometric visits per year as shown in Table II-1. As a result of the size of the population within the given age groups and the weighting of the respective utilization rates, the greatest demand is experienced by the younger age groups. A requirement of 150,592 visits by the fifty to sixty-four age group provided the second highest demand for vision care; the thirty to thirty-nine age group provided the least demand with 95,707 visits. Under the assumption that a given optometrist can satisfy a requirement of 3,000 visits per year, the annual effective demand for the total island population would necessitate a supply of 246 optometrists.

With a total active manpower force of forty-nine optometrists in 1982, the provider to population ratio is 1.5 optometrists per 100,000 population, or one optometrist per 68,506 people.

In estimating what the supply of optometric manpower should be for the island and the individual regions, three different requirement ratios were selected to provide the guidelines for making the estimation. The U.S. Public Health Service ratio of 6.7 optometrists per 100,000 population (i.e., one optometrist for 15,000) was selected to represent the low end of the "acceptable range of adequacy," and the Birchard and Elliott ratio of 14.3 per 100,000 (11,12,13) was selected for the high end of the acceptable range. The ratio of 9.3 optometrists per 100,000 population, which is the approximate ratio currently found in the United States, is used to represent the middle of the range. Table II-3 provides an analysis of the application of these three ratios to the Puerto Rican population. Even though the Metropolitan Region has the highest percentage of practitioners of any other region (i.e., 61.2 percent), it also has the greatest deficit of practitioners with a deficit range of -37.5 to -114.0 (at a requirement of 6.7 per 100,000) to -114.0 (at a requirement of 14.3 per 100,000). Likewise, the North Region which includes no optometric practitioners has the smallest practitioner deficit, with a range of -24.7 to -52.8. All regions experience a considerable shortage of practitioners, and the whole island shows an average practitioner shortage of between 175.8 and 431.0. The estimated manpower requirements for the total island of between 224.8 and 480.0 practitioners is in agreement with the estimated requirement of 246 practitioners which was derived from the effective demand analysis of the age-specific populations in Table II-1. Due to the lack of appropriate data, the regional computations for the practitioner requirements in Table II-3 cannot at this time be age-adjusted to facilitate the inter-regional comparisons.

Of the forty-nine optometrists practicing in Puerto Rico, it is believed that two are over the age of sixty-five. The majority (i.e., twenty-six) are between the ages of fifty and fifty-nine, and only thirteen are below the age of fifty (Table II-4). In applying the formula, \( R_0 = E_0 - E_o \), to assess the shortage of optometric services as the index of the extent of unmet need, \( R_0 \) (the optometric visit requirement) is equal to 737,921 visits (i.e., the annual effective demand summed across all age groups). (See Table II-1.) \( E_0 \) (the optometric visits supplied) can be calculated by multiplying 3,000 (the number of visits that can be adequately handled in one year) by the number of optometrists under the age of sixty-five, added to the product of 2,000 (representing a reduced level of productivity) times the number of optometrists age sixty-five and over, plus the product of 1,500 (representing the equivalent of one-half of one optometrist) times the number of ophthalmologists engaged in active practice. Using the data from

<table>
<thead>
<tr>
<th>Age</th>
<th>Number of Optometrists¹</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 30</td>
<td>1</td>
</tr>
<tr>
<td>30-39</td>
<td>9</td>
</tr>
<tr>
<td>40-49</td>
<td>3</td>
</tr>
<tr>
<td>50-59</td>
<td>26</td>
</tr>
<tr>
<td>60-64</td>
<td>8</td>
</tr>
<tr>
<td>65 and Over</td>
<td>2</td>
</tr>
<tr>
<td>Total</td>
<td>49</td>
</tr>
</tbody>
</table>

¹Based on 1982 estimates (Colegio de Optometras de Puerto Rico).

Volume 9, Number 2 / Fall 1983
Puerto Rico, the following results were obtained:

\[ E_0 = (3,000 \times 47) + (2,000 \times 2) + (1,500 \times 110) \]
\[ = (141,000) + (4,000) + (165,000) \]
\[ = 310,000 \text{ optometric visits supplied} \]

\[ U_0 = 737,921 \text{ visits required} - 310 \text{ visits supplied} \]
\[ = 427,921 \text{ optometric visit shortage} \]

The shortage of 427,921 optometric visits per year cannot be applied directly to the requirement for optometric manpower, since it represents a composite shortage of vision care manpower which includes the services of both optometrists and ophthalmologists, along with a consideration of the declining productivity of optometrists over the age of sixty-five. However, it is still a very important indicator in the assessment of the need for optometric services.

**Conclusion**

Through the application of the U.S. Public Health Service criteria, it was concluded that a shortage of optometric manpower in relation to the vision care needs of the population exists throughout the Commonwealth of Puerto Rico. With only forty-nine optometrists in the Commonwealth, the present effective demand of 737,921 optometric visits per year and an optometrist to population ratio of 1.5 per 100,000 attest to a shortage of between 176 and 431 vision care practitioners. The estimated under-supply of optometrists translates into an unmet demand of 427,921 patient visits per year within a population of over three million people. In light of potential differences in the economic demand for vision care services between the Puerto Rican and mainland U.S. populations, the estimates presented in this study should be viewed with some caution. However, until better data become available and the uncertainties resolved, the estimates and projections do provide some basis for comparison and they should be useful to the continued planning and development of optometric resources in Puerto Rico. The projected impact of the Inter American University School of Optometry undoubtedly will necessitate a recomputation of these estimates within the near future.

"With only forty-nine optometrists in the Commonwealth, the present effective demand of 737,921 optometric visits per year and an optometrist to population ratio of 1.5 per 100,000 attest to a shortage of between 176 and 431 vision care practitioners."

**References**


PART III

Projected Impact of the IAU School of Optometry

The School of Optometry at the Inter American University of Puerto Rico was established in response to a documented unmet need for optometric manpower and vision care services in the Commonwealth of Puerto Rico. As a result of the combined effect of the school's productivity in the generation of new practitioners and in the expanded delivery of optometric services through its clinical facilities, it should have a dramatic impact upon the future availability and distribution of optometric manpower in meeting the demand for optometric services.

The IAU School of Optometry

The Inter American University of Puerto Rico was founded in 1912, and incorporated under the laws of the District of Columbia. Initially affiliated with the United Presbyterian Church, "[In 1976 a transfer of corporate registration was made to enable the University, a private institution, to operate more appropriately under the laws of the Commonwealth of Puerto Rico."

Even though it is one of the main universities of Puerto Rico, it has served as an educational resource for the entire Caribbean area. In addition to its main campus at San German, it operates a
Metropolitan Campus with academic programs at San Juan, Bayamon, and Buchanan and regional colleges at Aguadilla, Arecibo, Barranquitas, Fajardo, Guayama, Ponce and Ramey. The university system offers a broad selection of courses and academic programs at both the undergraduate and graduate levels, including undergraduate programs in economics and business administration, education and physical education, natural sciences, social sciences and humanities, and graduate programs in the arts, education and business administration. Professional degree programs are offered in nursing, law, and optometry. During the first semester of the 1981-82 academic year, Inter American University had a total enrollment of 34,479 students in its university-wide system.

Inter American University received a provisional license from the Council on Higher Education of Puerto Rico to operate the School of Optometry. As a result of its developmental status, the school has received a provisional accreditation from the Council on Optometric Education of the American Optometric Association and an accrediting certificate from the United States Department of Education. The school, also, has been accepted as a member of the Association of Schools and Colleges of Optometry.

Organization of the School of Optometry began in 1980 with the appointment of an acting dean, and with the following goals and objectives: A. To develop a program of education in optometry for the production of a specialist capable of fulfilling the responsibilities of a modern optometrist; B. To contribute to the improvement of visual health in Puerto Rico; and, C. To ameliorate the extreme shortage of optometrists on the island.

The school offers a four-year professional degree program, leading to the degree of Doctor of Optometry (O.D.). "The projected four-year curriculum is essentially a blend of the curricula of several stateside schools. In its present state of formulation it offers no innovations outside of the fact that the overall program will emphasize bilingual applications and reflect the Hispanic-American culture."

The dean of the School of Optometry reports directly to the president of Inter American University and is a member of the President's Executive Council. The school is organized administratively into two academic departments: the Department of Basic and Visual Sciences and the Department of Clinical Sciences. Each department is headed by a chairman; and, in addition to having primary responsibility for academic and clinical instruction, the chairman of the Department of Clinical Sciences also has authority over the activities of the clinic director and the clinical faculty and staff. The assistant dean, in addition to other duties delegated by the dean, will chair the Admissions Committee, the Academic Review Committee and the Budget and Personnel Committee and will maintain responsibility for the activity of the Student Affairs Committee, the school library and other administrative staff and offices. The administrative organization of the IAU School of Optometry is shown in Figure III-1.

During the summer of 1982, the physical facilities of the School of Optometry moved into the newly remodeled five-story Bernardini Building on Eleanor Roosevelt Avenue in Hato Rey (San Juan metropolitan area). In addition to the classrooms, laboratories, library, auditorium, and academic and administrative offices, this building also houses the main teaching clinic of the School of Optometry. The building is designed to accommodate up to thirty-two students per class for each of the four years.

Seventy-three applications for admission (including five from the mainland United States) to the first class to enroll in the School of Optometry were received for the 1980-81 academic year. Of the thirty-two students admitted, twenty-seven enrolled—twenty-six from Puerto Rico and one from the United States. The total applicant pool for the 1981-82 academic year dropped to fifty-eight, but all of the thirty-two students admitted for that year enrolled. All thirty-two were from Puerto Rico. As a result of one transfer into the second-year class from another institution, the size of the student body for the first two classes was sixty.
Projecting the Future Supply, Requirements and Adequacy of Optometric Manpower—Methodology

One of the objectives of the 1982 needs assessment was to project the impact of the IAU School of Optometry upon the future supply and distribution of optometric manpower in Puerto Rico. This impact can be measured in terms of meeting the future requirements and assessing the adequacy of optometric manpower over the next twenty years. As part of the overall planning process, such projections could be used to help maximize the allocation of the school’s resources and output to improve the distribution of optometric services throughout the island, and to satisfy any remaining unmet demand within any identifiable needy regional or area population.

Projecting Supply

The projection of the future supply of optometric manpower was considered to be representative of the current supply (O) added to the yearly practitioner output (O) of the IAU School of Optometry, minus any anticipated losses (L) from the manpower resource pool. Considering only those optometrists who will be professionally active in the rendering of patient care at a given time in the future, the supply at a time in the future was estimated as follows:

\[ A_t = a_t c_t S_t \]

where, \( A_t \) = the projected number of patient-care optometrists at time \( t \)

\( a_t \) = the percentage of living optometrists who are professionally active

\( c_t \) = the percentage of active optometrists rendering patient care

\( S_t \) = the projected number of optometrists alive at time \( t \) such that,

\[ S_t = O_0 + \sum_{i=1}^{t} O_i - L \]

The accuracy of the supply projection is highly contingent upon the certainty of information regarding the productivity of the IAU School of Optometry, including the size of the class, the number of students that graduate, and the number of graduates who remain and practice in Puerto Rico. The information at this time is imperfect due to a lack of historical data. As a resource for the Caribbean and Latin America, the school may eventually have one-half of its entering class coming from outside of Puerto Rico. Therefore, the supply projections have been made under three different assumptions regarding the productivity of the school:

Assumption #1—the school will graduate thirty new practitioners per year, all of which will remain and practice in Puerto Rico;

Assumption #2—the school will graduate fifteen new practitioners per year, all of which will remain and practice in Puerto Rico; or,

Assumption #3—the school will graduate thirty new practitioners per year, fifteen of which will remain and practice in Puerto Rico.

Due to the fact that the school does not have any conclusive control over the determination of the practice location of its graduates and that the new graduates will be free to go into whichever health region they prefer to practice, the projected supply of optometric manpower was limited to aggregate estimates, relating to the total manpower force of the entire island. Where possible, rough estimates regarding the probability of practice distribution were made for the regions.

Projecting Requirements

Projecting the future requirements for optometric services is slightly more risky than projecting the supply of optometrists that will be available in the future to provide services. Requirement projections must consider such variables as: changes in demand, substitutability of services, fluctuations in practitioner productivity, populational shifts, and other factors that have direct influence upon the future requirement for optometric services. In anticipation of these variables and potential changes in the future, several different estimates of consumer demand and practitioner productivity were employed to project a range of possibilities through utilization of the following equation:

\[ X_t = a_t c_t s_t (D_t / Q_t) N_t \]

where, \( X_t \) = the projected surplus \((X_t > 0)\) or deficit \((X_t < 0)\)

\( t \)

The accuracy of the supply projection is highly contingent upon the certainty of information regarding the productivity of the school) is somewhat risky. However, in an attempt to gain some insight into the potential impact of the school upon the manpower situation in Puerto Rico, the following forecasting computations are included:

\[ X_t = a_t c_t s_t (D_t / Q_t) N_t \]

Given: \( a_t = 1.0 \)

\( c_t = 1.0 \)

\( S_t = 159, \) where

\[ S_t = O_0 + \sum_{i=1}^{t} O_i - L \]

\[ = 49 + 120 - 10 \]

\[ = 159 \]

Projecting Adequacy

Projecting and adequacy of optometric manpower in the future, based on the number of optometrists available to provide services but without regard to their distribution of accessibility, was accomplished through a comparison of the projected supply \((A_t)\) with the projected requirements \((M_t)\) at five-year intervals between 1980 and the year 2000. A continuing deficit or a potential surplus of optometric practitioners was projected through the adaptation and application of the following forecasting equation:

\[ X_t = a_t c_t s_t (D_t / Q_t) N_t \]

or

\[ X_t = A_t - M_t \]

where, \( X_t \) = the projected surplus \((X_t > 0)\) or deficit \((X_t < 0)\)

Through a consideration of the various assumptions and estimates of demand and productivity in the projection of supply and requirements, a range of possibilities regarding the adequacy of optometric manpower was computed for the years 1980 to 2000. An inspection of the regional residence of the matriculants in the first two classes of the IAU School of Optometry provides some information for making inferences about the possible practice location of future graduates, but limitations in regard to the availability of data prohibited any further assessment of adequacy in relation to the future distribution and accessibility of optometric manpower.

Projecting the Future Supply, Requirements and Adequacy of Optometric Manpower—Findings and Discussion

Due to the uncertainties that exist in the immediate future in regard to the productivity or output of the IAU School of Optometry and the number of graduates that will remain in Puerto Rico to practice optometry, the projection of the future supply of optometric manpower (which is highly contingent upon the productivity of the school) is somewhat risky. However, in an attempt to gain some insight into the potential impact of the school upon the manpower situation in Puerto Rico, the following forecasting computations are included:

\[ X_t = a_t c_t s_t (D_t / Q_t) N_t \]

Given: \( a_t = 1.0 \)

\( c_t = 1.0 \)

\( S_t = 159, \) where

\[ S_t = O_0 + \sum_{i=1}^{t} O_i - L \]

\[ = 49 + 120 - 10 \]

\[ = 159 \]
Then: \[ A_t = a, c, S_t = 159 \]
\[ M_t = (D_t/Q_t) N_t = 410 \]
\[ X_t = A_t - M_t = -251 \]

The computation now projects a shortage of 251 practitioners in the year 1987, which reasonably agrees with the projection of the Inter American University study, indicating a shortage of 276 practitioners in 1989, based on an IAU School of Optometry graduation rate of thirty-two students per year.\(^1\)

The productivity of the IAU School of Optometry in relation to its impact upon the future supply of optometric manpower in Puerto Rico has been projected to the year 2000 and is presented in Table III-1. Since the projection is highly dependent upon the number of the IAU optometry graduates that remain in Puerto Rico and become actively engaged in optometric practice, the projection has been calculated to reflect two different rates of graduation and retention of Puerto Rican optometrists (i.e., 30 or 15 per year). At a yearly matriculation and graduation rate of thirty students and practitioners (assuming a zero rate of intra-school attrition), the supply of active optometrists (A) in Puerto Rico should increase to 522 by the year 2000. The number of practitioners in the year 2000 will be 267 if the graduation and retention rate averages fifteen per year. The projections of both \( A_{30} \) and \( A_{15} \)—that is, the high and low values for \( A_t \)—are dependent, also, upon the expected time of separation, according to age, of the forty-nine optometrists who are presently practicing in Puerto Rico. Table III-2 and Figure III-2 demonstrate the relationship between the estimated requirements for optometric manpower (based upon acceptable provider to population ratios) and the projected supply of optometrists for the years 1980 to 2000. The graduation and retention of thirty new practitioners per year will result in a surplus of optometrists at the requirement ratio of 6.7 per 100,000 by the year 1995, and a surplus at the ratios of 6.7 per 100,000 and 9.3 per 100,000 by the year 2000. In contrast, the graduation and retention of fifteen new optometrists per year will result in the continuation of a deficit of practitioners in all three ratios (i.e., 6.7 per 100,000; 9.3 per 100,000; and 14.3 per 100,000) by the year 2000. The possibility that a surplus of optometrists will exist in Puerto Rico within the next twenty years is, therefore, supportive of the necessity for the school to recruit students from geographical areas outside of the Commonwealth of Puerto Rico, thereby allowing the school to reduce the number of graduates that will practice in Puerto Rico to a level that is appropriate for the effective and efficient delivery of vision care services.

The requirements (M) for optometric manpower, relative to the annual per capita demand (D) and the annual optometric productivity (Q), have been projected for the years 1980 to 2000 and are presented in Table III-3. The projections have been conducted under variable assumptions regarding the level of effective demand and optometric productivity. Five different rates of effective demand have been considered (i.e., 0.20, 0.30, 0.50, 0.67 and 1.00) in calculating the future requirements for optometric manpower. The demand rates of 0.50, 0.67 and 1.00 have been recommended by the American Optometric Association (AOA) as the appropriate intervals between optometric examinations for “problem free” patients; the recommended rates increase with the onset of visual problems and/or complaints.\(^7\) Even though the AOA recommended rates are presented as age-specific rates (i.e., 0.50 for the 25-44 age group; 0.67 for the 17-24 and 45-54 age groups; and 1.00 for the 0-4, 5-16, 55-64, and over 65 age groups), they are used individually for the aggregate population in the estimation of the manpower requirements in Table III-3. Two different productivity rates also have been considered in determining the future requirements. In addition to the figure of 3,000 visits per year per optometrist, as used by the U.S. Public Health Service,\(^8\) a produc-

### TABLE III-1

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Supply(^1)</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>47</td>
<td>45</td>
<td>42</td>
<td>39</td>
</tr>
<tr>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td></td>
</tr>
<tr>
<td>49</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>77 (62)</td>
<td>105 (75)</td>
<td>132 (87)</td>
<td>159 (99)</td>
</tr>
</tbody>
</table>

\(^1\) Yearly average production rate.
### TABLE III-1
Productivity of the IAU School of Optometry and the Supply of Optometric Manpower, 1980-2000 (continued)

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Supply&lt;sup&gt;1&lt;/sup&gt;</td>
<td>39 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>39 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td>189 (114)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>219 (129)</td>
<td>249 (144)</td>
<td>278 (158)</td>
<td>305 (170)</td>
<td>332 (182)</td>
<td>358 (193)</td>
<td>384 (204)</td>
<td></td>
</tr>
</tbody>
</table>

### TABLE III-1
Productivity of the IAU School of Optometry and the Supply of Optometric Manpower, 1980-2000 (continued)

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Supply&lt;sup&gt;1&lt;/sup&gt;</td>
<td>20 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>15</td>
<td>13</td>
<td>13</td>
<td>13</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td>410 (215)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>435 (225)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>463 (238)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>493 (253)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
<td>30 (15)</td>
</tr>
<tr>
<td></td>
<td>522 (267)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<sup>1</sup>Assumes a zero rate of intra-school attrition, a 30 or 15 per year rate of graduation for those graduates who become actively engaged in practice in Puerto Rico, and an expected time of separation from the profession for those optometrists already in practice (49) according to their age distribution.
TABLE III-2
The Supply and Requirements for Optometric Manpower by Year, Puerto Rico, 1980-2000

<table>
<thead>
<tr>
<th>Year</th>
<th>Estimated Population(^1)</th>
<th>Numerical Requirements for Optometric Manpower @6.7/100,000</th>
<th>Numerical Requirements for Optometric Manpower @9.3/100,000</th>
<th>Numerical Requirements for Optometric Manpower @14.3/100,000</th>
<th>Projected Supply Based Upon the Number of IAU Graduates Per Year(^1) @30/Year</th>
<th>Projected Supply Based Upon the Number of IAU Graduates Per Year(^1) @15/Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1980</td>
<td>3,531,100</td>
<td>236.6</td>
<td>328.4</td>
<td>505.0</td>
<td>49</td>
<td>49</td>
</tr>
<tr>
<td>1985</td>
<td>3,916,100</td>
<td>262.4</td>
<td>364.2</td>
<td>560.0</td>
<td>105</td>
<td>75</td>
</tr>
<tr>
<td>1990</td>
<td>4,263,000</td>
<td>285.6</td>
<td>396.5</td>
<td>609.6</td>
<td>249</td>
<td>144</td>
</tr>
<tr>
<td>1995</td>
<td>4,523,700</td>
<td>303.1</td>
<td>420.7</td>
<td>646.9</td>
<td>385</td>
<td>204</td>
</tr>
<tr>
<td>2000</td>
<td>4,673,400</td>
<td>313.1</td>
<td>434.6</td>
<td>668.3</td>
<td>522</td>
<td>267</td>
</tr>
</tbody>
</table>

\(^1\)Based upon the estimates of the Puerto Rico Planning Board, Population Projection #75-35, reported in Table II-2 of the Puerto Rico Department of Health State Health Plan, 1980-1985.

Refer to Table III-1.

A productivity figure of 1,500 visits per year has been selected for analysis as a result of similar figures (e.g., 1,350; 1,526; and 1,690) being reported by other studies.\(^9,10,11\)

Using the projected populations (N\(_t\)) for each of the five years (i.e., 1980, 1985, 1990, 1995, and 2000) and applying the equation M\(_t\) = (D\(_t\)/Q\(_t\)) N\(_t\) for all combinations of D\(_t\) and Q\(_t\), ten different projections for M\(_t\) are presented for each year in Table III-3. For each year, the low and high limits of the predictive range can be determined by the following equations:

M\(_{L}\) = \[\frac{D_{(0.20)/Q_{(3,000)}}}{N_t}\]

M\(_{H}\) = \[\frac{D_{(1.00)/Q_{(1,500)}}}{N_t}\]

The low value will be obtained by using the 0.20 demand rate and the 3,000 visit level of optometric productivity; whereas, the high value for the projected requirement of optometric manpower is based upon an annual per capita demand rate of 1.00 and a productivity of 1,500 visits per year.

From the low and high values of the projected supply (A\(_t\)) and requirements (M\(_t\)), a range of the projected surplus or deficit (X\(_t\)) of optometric manpower for a given year can be determined to reflect the changes in the assumptions regarding the supply, utilization and productivity of optometric manpower and the degree of uncertainty that exists in formulating the projections. Table III-4 provides a tabulation of the projected surplus or deficit for each of the five years relative to the high and low predictions for A\(_t\) and M\(_t\). The data of Table III-4 are presented graphically in Figure III-3, which demonstrates a broad range of uncertainty about the
TABLE III-3
The Projected Requirements ($M_t$) by Year for Optometric Manpower Relative to the Annual Per Capita Effective Demand ($D_t$) and Annual Optometric Productivity ($Q_t$), Puerto Rico, 1980-2000

<table>
<thead>
<tr>
<th>Year</th>
<th>$M_t$ = ($D_t/Q_t$) $N_t$</th>
<th>$D_t$</th>
<th>$Q_t$</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>0.20</td>
<td>0.30</td>
</tr>
<tr>
<td>1980 ($N_t = 3,531,100$)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$Q_t$</td>
<td>1,500</td>
<td>470.7</td>
<td>706.2</td>
</tr>
<tr>
<td></td>
<td>3,000</td>
<td>235.2</td>
<td>353.1</td>
</tr>
<tr>
<td>1985 ($N_t = 3,916,100$)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$Q_t$</td>
<td>1,500</td>
<td>522.0</td>
<td>783.2</td>
</tr>
<tr>
<td></td>
<td>3,000</td>
<td>260.8</td>
<td>391.6</td>
</tr>
<tr>
<td>1990 ($N_t = 4,263,000$)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$Q_t$</td>
<td>1,500</td>
<td>568.3</td>
<td>852.6</td>
</tr>
<tr>
<td></td>
<td>3,000</td>
<td>283.9</td>
<td>426.3</td>
</tr>
<tr>
<td>1995 ($N_t = 4,523,700$)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$Q_t$</td>
<td>1,500</td>
<td>603.0</td>
<td>904.7</td>
</tr>
<tr>
<td></td>
<td>3,000</td>
<td>301.3</td>
<td>452.4</td>
</tr>
<tr>
<td>2000 ($N_t = 4,673,400$)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$Q_t$</td>
<td>1,500</td>
<td>623.0</td>
<td>934.7</td>
</tr>
<tr>
<td></td>
<td>3,000</td>
<td>311.3</td>
<td>467.3</td>
</tr>
</tbody>
</table>

NOTE:
$M_{II} = (D_t/Q_t) N_t$
$M_{II(0.20)} = (D_t(0.20)/Q_t(3,000)) N_t$
$M_{II(1.00)} = (D_t(1.00)/Q_t(1.500)) N_t$

The projected status of optometric manpower by the year 2000.

In a brief analysis of the distribution of the students in the first two classes of the IAU School of Optometry, according to their home residence and the delineation of the six health regions, 65.6 percent of the students in the first-year class and 59.3 percent of the second-year class, or 62.7 percent of the total two-year student body, are from the Metropolitan Region; and 15.2 percent of the student body is from the Northeast Region (Table III-5). The West Region is underrepresented in the second-year class, and the East Region is underrepresented in both classes. This type of distribution analysis might provide some insight into the probability of predicting the future practice location of the new IAU optometry graduates. However, no major conclusions in this regard can be formulated at this time.

From the above analysis, it appears that the Commonwealth of Puerto Rico does have, and may have for some time in the future, a shortage of optometric manpower to care for the visual needs of its population. The IAU School of Optometry, therefore, will have a major role to play in the generation of the future manpower supply and in the direct provision of optometric care.
TABLE III-4
The Projected Surplus or Deficit \( (X) \) of Optometrists
by Year and Variation in Assumptions Regarding The Supply \( (A) \)
and Requirements \( (M) \) for Optometric Manpower, Puerto Rico, 1980-2000

<table>
<thead>
<tr>
<th>Year</th>
<th>Supply</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>( A_{LL} )</td>
<td>( X_{LL} = -186.2 )</td>
</tr>
<tr>
<td>1980</td>
<td>( A_{HL} )</td>
<td>( X_{HL} = -186.2 )</td>
</tr>
<tr>
<td>1985</td>
<td>( A_{LL} )</td>
<td>( X_{LL} = -185.8 )</td>
</tr>
<tr>
<td></td>
<td>( A_{HL} )</td>
<td>( X_{HL} = -155.8 )</td>
</tr>
<tr>
<td>1990</td>
<td>( A_{LL} )</td>
<td>( X_{LL} = -139.9 )</td>
</tr>
<tr>
<td></td>
<td>( A_{HL} )</td>
<td>( X_{HL} = -34.9 )</td>
</tr>
<tr>
<td>1995</td>
<td>( A_{LL} )</td>
<td>( X_{LL} = -97.3 )</td>
</tr>
<tr>
<td></td>
<td>( A_{HL} )</td>
<td>( X_{HL} = +82.7 )</td>
</tr>
<tr>
<td>2000</td>
<td>( A_{LL} )</td>
<td>( X_{LL} = -44.3 )</td>
</tr>
<tr>
<td></td>
<td>( A_{HL} )</td>
<td>( X_{HL} = +210.7 )</td>
</tr>
</tbody>
</table>

NOTE: \( X = A - M \), where \( A = a, c, S \), and \( M = (D/Q) N \)
\( A_{LL} \) and \( A_{HL} \) are based upon IAU graduation rates of 15 and 30 Puerto Rican optometrists, respectively (see Table III-1 and Table III-2). \( M_{LL} \) is based upon an annual effective demand rate \( (D/Q) \) of 0.20 and an annual optometric productivity \( (Q) \) of 3,000 visits.
\( M_{HL} \) is based upon a \( D/Q \) of 1.00 and a \( Q \) of 1,500 visits (see Table III-3). Therefore, the values for the projected surplus or deficit \( (X) \) presented in this table \((LL, HL, LH, and HH)\) represent the extreme limits of the projection spectrum, under the criteria employed in the above equation, such as LL represents the use of the low values for \( A \) and \( M \).

TABLE III-5
Percent Distribution of Regional Residence of the First and Second Year Classes of the IAU School of Optometry by Health Region, 1982

<table>
<thead>
<tr>
<th>Health Region</th>
<th>First Year Class</th>
<th>Second Year Class</th>
<th>Row Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metropolitan</td>
<td>65.6</td>
<td>59.3</td>
<td>62.7</td>
</tr>
<tr>
<td>Northeast</td>
<td>15.6</td>
<td>14.8</td>
<td>15.2</td>
</tr>
<tr>
<td>North</td>
<td>3.1</td>
<td>11.1</td>
<td>6.8</td>
</tr>
<tr>
<td>South</td>
<td>6.3</td>
<td>14.8</td>
<td>10.2</td>
</tr>
<tr>
<td>East</td>
<td>0.0</td>
<td>0.0</td>
<td>0.0</td>
</tr>
<tr>
<td>West</td>
<td>9.4</td>
<td>0.0</td>
<td>5.1</td>
</tr>
<tr>
<td>Column Total</td>
<td>100.0</td>
<td>100.0</td>
<td>100.0</td>
</tr>
</tbody>
</table>

\(^1\)Inter American University, Statistical Report, Fall Semester, 1981-82, December, 1981.

Impressions and Recommendations

The third and fourth years of optometric study are concentrated in the clinical sciences, involving the development and refinement of basic and advanced clinical skills and the delivery of vision care services to the population. To facilitate and effectuate the best possible relationship between the student's learning and the population's receipt of care, it is necessary to rotate the student through several different types of experiential situations involving demands upon different and expanding levels of clinical knowledge and expertise while, at the same time, enhancing the access of different and clinically significant population groups to the potentiality of receiving such care. Efforts towards the accomplishment of this objective must be mediated through a detailed program of planning and curriculum design.

Therefore, the school has a dual responsibility in regard to the development of its educational and clinical program: to provide a forum for its students to engage in different learning situations; and, to enhance the accessibility of different categorical populations (e.g., the economically and/or medically indigent, the elderly, etc.) to the services that it has to offer.

The planning for and implementation of external, or satellite, clinic programs have become an integral part of the clinical administration of the schools and colleges of optometry in the mainland United States. Satellite clinics offer the student opportunities for learning and community participation that are not readily available at many central facilities. In the development of a regional plan for optometric education
in the western states, the following observations have been made:

Decentralization of the clinical curriculum during the fourth year appears desirable. Each of the schools has already developed some extramural clinical sites. These clinical training sites will help encourage optometry students to practice in underserved areas, will improve the quality of vision services available to the public, and will improve the quality of students' educational experiences.12

The assumption that external clinic sites will encourage students to practice in underserved areas is supported by the findings of other studies in which the site of the educational and training experience has been shown to have an impact upon the practice location decisions of physicians.13,14

To maximize its efforts in fulfilling this responsibility, the school should function within the specified protocol of a carefully designed plan that relates the school's responsibility to its actions. Based upon the results and conclusions presented in this three-part assessment, several goals, objectives and strategies for optometric education in the Commonwealth of Puerto Rico have been recommended.5

Goal 1.0.0—To ameliorate the shortage of optometric manpower in the Commonwealth of Puerto Rico. 

Objective 1.1.0—To insure that each health region has at least minimal optometric coverage by 1984.

Strategy 1.1.1—Give the highest priority for the location of satellite clinic facilities to the health regions that have no optometrists and/or the greatest degree of unmet need for vision care.

Goal 2.0.0—To facilitate an appropriate distribution and balance of optometric manpower throughout the island.

Objective 2.1.0—To encourage the IAU School of Optometry graduates to seek practice locations in the most underserved areas of the island.

Strategy 2.1.1—Establish at least one externship rotation or residency in each health region, with outreach capability to outlying rural areas.

Strategy 2.1.2—Establish an affiliation with the Puerto Rico Department of Health for the creation of post-graduate residency training positions in the municipal primary care health centers and the regional and/or area hospitals.

Objective 2.1.3—Establish a preceptor program with practitioners in rural areas to assist in the education of fourth-year student clinicians.

Strategy 2.2.1—Recruit potential applicants from the patient populations of the satellite facilities.

Strategy 2.2.2—Institute a mentor program involving the student clinicians of the satellite facilities and prospective applicants for admission to the IAU School of Optometry.

Strategy 2.2.3—Utilize adjunct faculty from rural practice locations to serve as role models.

Goal 3.0.0—To expand the educational and experiential base of the student clinicians.

Objective 3.1.0—To increase the exposure and direct involvement of the student clinicians with primary care and community health optometry.

Strategy 3.1.1—Include primary care optometry as a major component within the optometric curriculum, along with a strong didactic and experiential public/community health orientation.

Strategy 3.1.2—Develop primary externships within the primary care health centers of the Puerto Rico Department of Health.

Strategy 3.1.3—Institute a clinical seminar program within the satellite clinics for case discussion and conference.

Strategy 3.1.4—Establish area optometric education centers (AOEC) through the satellite facilities for the continuing education of practicing optometrists and student clinicians.

Added to the above list should be another goal with appropriate objectives and strategies which relate to the need

![Projected Surplus/Deficit of Optometric Manpower, Puerto Rico, 1980-2000](image_url)
of the IAU School of Optometry to develop an effective mechanism for recruiting students from other Latin American and Caribbean countries. This additional goal should address the school's responsibility to (1) expand its scope as an educational resource within the Caribbean and Latin America, and (2) circumvent the potential threat of a surplus of optometric practitioners in Puerto Rico by the year 2000.

Summary and Conclusions—The Need for Optometric Education in Puerto Rico

The IAU School of Optometry (Escuela de Optometría de la Universidad Interamericana de Puerto Rico) is the first and only school of optometry to be established on the Island of Puerto Rico. Prior to its existence, the majority of Puerto Rico's optometric manpower was educated and trained by schools on the United States mainland. An earlier study made by Inter American University, in collaboration with the Colegio de Optometras de Puerto Rico (The Puerto Rican College of Optometrists) and the Association of Schools and Colleges of Optometry, indicated a need for a school of optometry in Puerto Rico as the solution for satisfying the island's requirements for optometric manpower and its demand for vision care services. "The only hope for attaining optometric services that will meet the minimum limits within the next twenty years is to establish a school of optometry in Puerto Rico that will graduate from 24 to 32 optometrists each year."

Based upon the data obtained from the Puerto Rico Department of Health, the Colegio de Optometras de Puerto Rico, and Inter American University, a second assessment of the need for optometric services on the Island of Puerto Rico was undertaken in 1982.

In summarizing the results of the 1982 needs assessment, a shortage of optometric manpower was demonstrated to exist throughout the Island of Puerto Rico. An annual effective demand (i.e., economic demand) for optometric visits for all age groups was estimated to be 737,921 visits per year, requiring an effective supply of 246 optometric practitioners. With only forty-nine optometrists available on the island to serve the visual needs of a total population of approximately 3.3 million people, Puerto Rico's optometric practitioners to population ratio of 1.5 per 100,000 was considered to be unacceptable when compared to the existing and variously recommended U.S. ratios of 6.7, 9.3 and 14.3 per 100,000. The accessibility of optometric care is completely absent in one of the six health regions. Based upon an estimated optometric manpower requirement for the total island of between 225 and 480 practitioners, Puerto Rico presently has a shortage of between 176 and 431 vision care providers, and an optometric visit shortage of 427,921 visits.

Under different assumptions regarding the supply, productivity and utilization of optometric manpower, the projections of the future manpower supply and the per capita requirements to the year 2000 indicate a broad range of possible outcomes relative to the supply/requirement relationship, with the possibilities ranging from a slight surplus to the continuation of a sizeable deficit. The projection of a possible surplus of optometric manpower by the year 2000 should provide the IAU School of Optometry with some degree of concern regarding the planning for future enrollment levels. As the enrollment, graduation, practitioner retention and utilization data stabilize and become more reliable, the level of uncertainty will decrease and the projections of the future supply of and requirements for optometric manpower will become less risky.

The profile of the student body of the IAU School of Optometry was used to provide some indication of the probable practice locations of the school's graduates. This type of consideration should not be overlooked with respect to planning for the future distribution of optometric practitioners and the delivery of services to the total island population. The profile of the first two classes indicates that 62.7 percent of the students come from the San Juan Metropolitan area.

In the design of the clinical program of the IAU School of Optometry, the two primary goals of clinical education and the delivery of services must be integrated into a common strategy for the enhancement of the visual health of the population. The school, through its practitioner productivity and clinical service delivery system, will be the responsible agent in the alleviation of the existing and projected shortage of manpower and in the provision of optometric health care services to the people of Puerto Rico.

Regarding the role and goals of academic optometry, it has been reported in the literature that schools of optometry have obligations which extend beyond the primary functions of educating and training students, including the conduct of clinical research, the expansion of the profession's scientific base, the development of patient care specialties, the development of clinical performance standards, and the dissemination of new clinical information. The Inter American University of Puerto Rico School of Optometry does have the ability to extend itself into these areas through the continued development of its clinical and educational program. In time, the IAU School of Optometry should prove to be not only a viable resource of optometric education for Latin America and the Caribbean, but a potential leader in certain aspects of optometric education and of research in the delivery of visual care.

References
1. Inter American University: Plans to Establish a School of Optometry, 1979 (unpublished).
15. Inter American University, 1979, p B1.
Study on Senile Macular Degeneration Begins at National Eye Institute Clinic

The National Eye Institute (NEI), a component of the National Institutes of Health, is seeking patients who have early signs of senile macular degeneration (SMD) to participate in a study at its clinical research facility in Bethesda. The study is to determine whether a combination of medications and protective sunglasses can prevent the progression of this eye disease, or decrease its severity.

Senile macular degeneration is the leading cause of serious visual loss among persons age 55 and over. The term macular degeneration refers to a group of disorders that cause deterioration in the macula, a small region of the retina, the light-sensitive tissue at the back of the eye that transmits visual images to the brain. Only people with the kind of macular degeneration associated with aging—"dry" or "non-neovascular"—can be enrolled in the NEI study. Another reason for the study’s success is that patients are being enrolled before the disease progresses.

To be eligible to participate in the study, patients must be 50 years old and have good central vision. Patients will be systematically evaluated, with early signs of SMD detectable by visits to the clinic for up to 4 years. Patients will be asked to wear special yellow glasses, although there will be a control group that will receive a capsule containing the medication. There will be no control group that will receive a capsule every four months. These appear to be the most promising in preventing the progression of this disease, or decreasing its severity.

Treatment involves receiving a capsule every four months. Patients will have an eye examination and receive a new supply of capsules every four months, beginning in the fall of 1983. Follow-up visits will be every six months.

In addition, patients will be carefully monitored to ensure that any possible adverse effects are detected early.

For additional information about this study, contact Dr. Monique Roy, Clinical Branch, National Eye Institute, National Institutes of Health, Building 10, Room 10R415, Bethesda, Maryland 20892, or call 301-496-5555.

New Vision Research Plan Available

A comprehensive plan that is expected to have a strong influence on the course of vision research for the next five years is now available from the National Eye Institute (NEI). Entitled Vision Research: A National Plan, 1983-1987, the document was developed under the leadership of the National Advisory Eye Council (NAEC), a principal advisory body to the NEI. The new plan, similar to previous attempts to outline directions for the future, includes an overview of the entire plan.

The new plan consists of the following sections:

- Executive Summary (32-page overview of the entire plan)

Volume Two—Reports of the Program Panels

- Part One—Report of the Ocular and Choroidal Disease Panel
- Part Two—Report of the Corneal Disease Panel
- Part Three—Report of the Glaucoma Panel
- Part Four—Report of the Strabismus, Amblyopia, and Visual Processing Panel
- Part Five—Report of the Ocular and Choroidal Disease Panel

This plan is available from the National Eye Institute: National Institutes of Health, Building 10, Room 10R415, Bethesda, Maryland 20892; or call 301-496-5555.

Volume Three—Support for Vision Research (Data on vision research projects supported by the NEI in Fiscal Year 1981 and by other government and private organizations in 1980-1981)

To obtain a copy of the report, write to Julian Morris, Chief, Office of Program Planning, National Eye Institute, National Institutes of Health, Building 10, Room 10R415, Bethesda, Maryland 20892.
Feinbloom Award Announced by Academy

The American Academy of Optometry recently announced that, through the generosity of anonymous initial donors, the William Feinbloom Award has been established to recognize outstanding clinical contributions to the field of optometry by a member of the profession.

Dr. Feinbloom, who graduated from the School of Optometry at Columbia University sixty years ago this year, is credited with being the foremost investigator, innovator and inventor in the field of rehabilitation of the partially sighted patient. He retired from private practice in New York City in 1978 and transferred his practice to the Eye Institute of the Pennsylvania College of Optometry. The William Feinbloom Vision Rehabilitation Center has become an integral and active part of that interdisciplinary eye care center, and continues to attract patients from all over the world.

The first Feinbloom Award will be made at the Annual Meeting in Houston, Texas, December 10-13, 1983, 58 years after Dr. Feinbloom became a Fellow of the Academy.

OEP Offers Student Enrichment Series

The Student Enrichment Series, a new educational program designed for optometry students by the Optometric Extension Program (OEP) Foundation will present topics appropriate for each year of optometry school in a concise, easy-to-read format.

The program includes two series chapters per month, audio tapes and a monthly literature review update, all of which fits into a three-ring binder provided with the program.

The series covers topics such as optometric practice development through communication, key factors for practice success (4th year program); clinical evaluation, observation and case analysis (3rd year program); optometric concepts and philosophy including the relationship of vision to learning (2nd year program); the bright future of optometry including optometry’s interaction in an interdisciplinary model and the history of the leaders in behavioral optometry and their concepts (1st year program).

Enrollment fee for the program is $25. Students may begin receiving the series by writing: OEP Foundation, 2912 S. Daimler St., Santa Ana, CA 92705, or by calling (800) 423-4111, (714) 641-3883, in California.

INTERNATIONAL

Hi-Lux Club Visits SCCO

Thirty-one members of Sweden’s “Hi-Lux” Club visited the Southern California College of Optometry (SCCO) October 20 and 21, 1983. Organized under the sponsorship of Hoya Optikslip, the group of opticians/optometrists visited the campus for infor-
mation regarding the characteristics of optometric education in the United States and the “state-of-the-art” in visual electro-physiology.

Headed by Kurt Andersson, president of Hoya Optikslip and Bengt Nordbert, Leg. Optiker, and sales manager of Hoya Optikslip, the group participated in tours of the college and met with James E. Bailey, O.D., Ph.D., of the visual sciences faculty, who discussed visual electro-physiological procedures, equipment and diagnoses. The group also was given the opportunity of viewing clinical equipment used in electro-physiological diagnosis.

5th APOC to Meet in Penang, 1985

The 5th Asian Pacific Optometric Congress, sponsored by the International Federation of Asian and Pacific Associations of Optometrists (IFAPAO) in conjunction with the Malayan Optical Association, will be held March 31 to April 8, 1985. The meeting will be held at the Rasa Sayang Hotel, Batu Ferringi Beach, Penang, Malaysia.

The 5th APOC will feature a four-day scientific program covering clinical optometry and vision science. Optometrists and vision scientists interested in reading a paper(s) should contact Dr. Damien P. Smith, IFAPAO Secretary-General, 7 Cookson Street, Camberwell 3146, Australia.

Indonesia Establishes School of Optometry

A newly established three-year school of optometry in Indonesia officially opened on January 3, 1983. The Akademi Optik Surabaya is being operated and supervised by a nonprofit, educational foundation—Yayasan Pendidikan “Netra Utama.” At present, the school has 35 students and nine teachers.

According to the school’s Director Dr. Sardi Sastro Wardojo, the school is the first and only one of its kind in Indonesia, a country with 150 million population. Its curriculum has been modeled after the Optometric Syllabus and Teaching Guide of the International Optometric and Optical League (IOOL) and the educational systems of New South Wales University and the Philippines.

Keeping Up with People...

Second-year student Babak Kamkar of the Southern California College of Optometry (SCCO), Fullerton, has been named recipient of the Dr. Paul F. Shulman Memorial Research Award from the National Eye Research Foundation. The $500 award will be utilized by Babak, the son of Dr. and Mrs. Hooshang Kamkar, in his research project entitled, “Low Contrast Visual Acuity for Clinical Measurement of Glare Sensitivity.”

Dr. Graeme Wilson of the Department of Physiological Optics at the University of Alabama in Birmingham (UAB) School of Optometry, has been promoted to the rank of professor. Dr. Wilson is chairman of the Department of Physiological Optics and director of the School of Optometry graduate program.

Louis H. “Dad” Jaques, Sr., O.D., D.O.S., known to many as the “father of professional optometry” died Sunday, August 14, at the age of 95. The optometric teacher, writer, lecturer and leader was a 1911 graduate of the Los Angeles Medical School of Ophthalmology and Optometry, now known as the Southern California College of Optometry (SCCO).

Dr. Harold Solan, director of the Learning Disabilities Unit, State University of New York (SUNY), College of Optometry, completed a lecture tour during August which included stops in Honolulu, Hawaii, Auckland, New Zealand, and Sydney and Melbourne, Australia. Dr. Solan addressed the optometry students and faculties of the University of New South Wales and Melbourne University and in each of the cities held seminars for educators and psychologists discussing the role of the optometrist in treating children who are experiencing learning disabilities.

Dr. Nathan Flax, professor of optometry at the SUNY College of Optometry, has been nominated as a Distinguished Practitioner of Optometry to the newly created National Academies of Practice. Dr. Flax also has been invited to become one of ten founders of its National Academy of Practice in Optometry. The new National Academies of Practice is patterned after the National Academy of Sciences and will serve as an advisory body to the federal government on matters relating to the professional practice of health care in the nation.

Dr. Lorance W. Harwood, chairman of the Scholarship Selection Committee for the Dr. Paul F. Shulman Memorial Fund of the National Eye Research Foundation, has announced that Steven B. Linker, a third-year student at SUNY State College of Optometry, has been selected as the recipient of the award.


Brian Caden, O.D., M.A., has been promoted to associate professor with contract tenure at the Illinois College of Optometry (ICO). Dr. Caden, who holds a master’s degree in reading, specializes in pediatrics, vision therapy, and clinical techniques. He currently teaches the functional vision course and all clinical techniques labs.

Dominick Maino, O.D., assistant professor of optometry, has been appointed director of ICO’s Binocular Vision Clinic.

Sandy Block, O.D., assistant professor of optometry, has assumed the directorship of the Exceptional Persons Clinic at ICO.
A successful optometrist needs two things. The Army offers both.

Experience: your future in optometry depends on the experience you can accumulate. And you'll get more experience in your first term in the Army than some optometrists do in a lifetime. You'll see and treat all kinds of eye problems to gain the skills and proficiency that build a rich and rewarding career.

Independence: you can also avoid the heavy start-up costs of space and equipment for a civilian practice.

Instead of debts, the Army will give you officer's pay, plus special pay as a Doctor of Optometry, plus housing allowances, family health care, 30 days paid annual vacation.

And you'll wind up with the means to finance a future of your own choosing.

If this practice sounds inviting, get all the details. Write: Army Medical Opportunities, P.O. Box 7711, Burbank, CA 91510.

Army Optometry. It deserves a closer look.